



Changing Lives, Building Community, Since 1969

AGENCY UPDATE

By Katherine Schwartz, Executive Director

California has rebranded the National Suicide Prevention Lifeline in an effort to make it easier to access mental health support in non-emergency situations. The new National Suicide Prevention Lifeline number is 988! When someone calls 988 from a 510 or 341 area code, they will be routed to the Crisis Support Services of Alameda County call center and their call will be answered by one of the trained volunteers or staff. We encourage anyone who wants to learn more about 988 to visit 988alamedacounty.org and to use this information if you are talking about 988 to the community.

Please note that if you or a loved one is experiencing a mental health emergency calling 911 is still the fastest way to access the Alameda CARE Team.

IF YOU WOULD LIKE TO SAVE TREES AND RECEIVE THIS NEWSLETTER VIA EMAIL, PLEASE CONTACT INFO@ALAMEDAFS.ORG TO GET ADDED TO THE LIST. THANK YOU!



ALAMEDA FAMILY SERVICES PRESENTS



FRIDAY AUGUST 19TH 5PM - 8PM

URBAN LEGEND WINERY
1951 MONARCH STREET BLDG 25
ALAMEDA, CA 94501





SUNSET SIP FUNDRAISER

Share a summer evening at Urban Legend Winery with a beautiful view, wine, beer and food from Off the Grid (CURVEBALL SLIDERS & 3-3-3 TRUCKS), while supporting Alameda Family Services' work delivering critical mental health assistance to those in need.

For tickets and more information go to:

$\underline{afs\text{-}sunsetsip fundraiser.eventbrite.com}$

Thank you for your support!

Donate at <u>alamedafs.org/donate</u>

THANK YOU TO OUR SUNSET SIP SPONSORS!











Steve & Nancy Brandt in memory of her mother, Betty Long, for her long-time commitment to helping those in the community.

PROGRAM UPDATES

Early Childhood & Family Support

In June we said goodbye to our students that are off to kindergarten and enjoyed a small break before getting ready for the new school year starting 8/15. We were also excited to participate in the City of Alameda's 4th of July parade. Our staff passed out activity bags, as well as flyers to sign up for our programs. We are also still looking for Infant/Toddler Teachers, Preschool Teachers, & Family Advocates.

Behavioral Health Care Services

The Clinical Training Program within the Clinic and Community Behavioral Health Care Division graduated another group of clinical interns and trainees. Practicum trainees are with the program from August to June while doctoral interns are with the program from August to August. A VERY BIG THANK YOU to the 2021-2022 clinical training group, Briana, Chelsey, Hess, K, Kameron, Leigh, Mac, Mahi, and Sugey, for all their hard work and efforts in supporting the community.



SPOTLIGHT: GRADUATION



School Based Services

Congratulations to all of the students across the City of Alameda who were promoted or graduated this year. The School Based Services Program wants to give special recognition to those graduates who were a part of the AFS Health Centers' Youth Advisory Boards. Brian, Melody, Henry, Isabella, Sylvie, Wanying, Artemis, Katy, Lily, Brisa, Ashley, Ana, and Annalise were all instrumental in the success of the Health Centers' outreach and awareness campaigns. Their thoughtful work on addressing the teen public health issues impacting their fellow students have been truly inspiring and we can't wait to see what they will do next.



June not only marks promotion or graduation for our students, but also our amazing School Based Training Cohort. This year we say thank you and farewell to our 6 trainees who helped support students at 9 different schools. We wish all the best to Addie, Channah, Gabriella, Hilary, Kassandra, and Maia.